

PLEASE REMEMBER
TO SIGN UP FOR
YOUR MEALS THE
WEDNESDAY BEFORE

SEPTEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Roast Beef w/ mozzarella cheese Roll Carrots Fresh Banana	2 Chicken Scaloppini Brussel Sprouts Wheat Bread Applesauce	3 Turkey Chef Salad Creamy cauliflower soup Tossed Salad Dinner Roll Mixed Fruit	4
5	6 <i>Center Closed Labor Day</i>	7 Kielbasa Whipped Potatoes Green Beans Whole Wheat Bread Gelatin	8 Fiesta Chicken Salad Tortilla Soup w/strips Mixed greens Dinner Roll Apple	9 Roasted Turkey w/ gravy Mashed potatoes Mixed vegetables Wheat Bread Cookie	10 Pork Ribette w/bbq sauce Summer Potato & Corn chowder Cornbread square Fresh melon	11
12	13 Breaded Fish Stewed Tomatoes White Bread Macaroni & cheese Fresh Orange	14 Pepper Steak w/ gravy Oriental Blend Veg Rice pilaf Wheat bread pears	15 Chicken Club Sandwich Vegetable soup White Bread Tropical Fruit	16 Roast Pork Loin w/ gravy Whipped potatoes Mixed vegetables Stuffing Sliced apples	17 Pizza w/pepperoni, green peppers, onions and mushrooms Tossed Salad Fresh Nectarine	18
19	20 Beef burgundy w/ beef gravy Bowtie noodles Coin Carrots Wheat bread Fresh Orange	21 Hot Dog on bun Chili & cheddar cheese Baked potato Green Beans Cinnamon applesauce	22 Chicken Caesar salad Pasta Florentine Soup Dinner Roll Mixed Fruit	23 Pork Loin w/ orange glaze California blend veg Blended rice Wheat bread Pineapple tidbits	24 Vegetable Lasagna Salad Italian Bread Warm Peach crisp	26
26	27 Baked Meatloaf w/ gravy Mashed potatoes Cream Corn Wheat Bread Raspberry Sherbet	28 BBQ Turkey Burger Sandwich Roll Creamy Broccoli Soup Apple	29 Western Omelet (scrambled eggs, ham, cheddar cheese) Breakfast Potatoes English Muffin Orange Juice	30 Meatballs w/sweet and sour sauce Brown Rice Creamy Coleslaw Wheat bread Mixed fruit		MILK IS SERVED ON A DAILY BASIS.