

PLEASE REMEMBER
TO SIGN UP FOR
YOUR MEALS THE
WEDNESDAY BEFORE

NOVEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MILK IS SERVED ON A DAILY BASIS	1 Chicken Bruschetta Mixed Greens Salad Island Blend Veggies Wheat Bread Angel Food Cake w/ Berries & Topping	2 Pot Roast w/Beef Gravy Mashed Potatoes Coin Carrots Italian Bread Cookie	3 Egg Omelet Sausage Patty Breakfast Potatoes English Muffin Fresh Orange	4 Spaghetti & Meatballs Tossed Salad Garlic Breadstick Mixed Fruit Salad	5 Pizza \Mozarella Cheese Green Peppers Onion & Mushrooms Tossed Salad Fresh Plum	6
7	8 BBQ Chicken Thigh Tossed Salad Wheat Bread Bowtie Pasta Fresh Orange	9 Hot Dog w/ Sauerkraut Cheesy Potatoes Hot Dog Roll Sliced Apples	10 Baked Cabbage Roll w/Tomato Sauce Garlic Whipped Potatoes Carrots Dinner Roll Fresh Apple	11 Closed Veterans Day	12 Tuna Noodle Casserole Peas & Carrots Wheat Bread Pineapple & Cherries	13
14	15 Roasted Pork w/ Apples Whipped Potatoes w/ Chives Mixed Vegetables Mini Biscuit Fresh Watermelon	16 Roast Beef w/ Dumplings Creamy Coleslaw Buttermilk Biscuit Cinnamon Applesauce	17 Roast Turkey w/ Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Cookie	18 Crab Cake Slider w/Cheese Baked Beans Dinner Roll Parmesan Noodles Mandarin Oranges	19 Baked Ham w/ Raisins Sweet Potatoes Coin Carrots Wheat Bread Sliced Pears	20
21	22 Taco Salad w/ Ground Beef & Cheddar Cheese & Lettuce Corn & Black Bean Salad Nacho Chips Spanish Rice Pineapple Delight	23 Stuffed Pepper Garlic Whipped Potatoes w/Green Pepper Coin Carrots White Bread Fresh Orange	24 Roast Turkey w/ Gravy Mashed Potatoes Mixed Vegetables Dinner Roll Stuffing Pumpkin Pie w/ Topping	25 Closed Thanksgiving Day	26 Turkey Caesar Club w/American Cheese Tomato & Lettuce Creamy Broccoli Soup Sandwich Roll Fruit Cocktail Cherry Chip Cake w/Topping	27
28	29 Baked Meatloaf w/ Beef Gravy Baked Potato Green Beans White Bread Sliced Peaches	30 Chicken Marsala Broccoli & Cauliflower Blend Wheat Bread Rice Pilaf Mixed Fruit				