

PLEASE REMEMBER
TO SIGN UP FOR
YOUR MEALS THE
WEDNESDAY BEFORE

JULY 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>MILK IS SERVED ON A DAILY BASIS.</i>				<i>1 Tuna Salad w/ Tomato & lettuce Sandwich roll Lentil soup Fresh orange</i>	<i>2 Breaded chicken cutlet Scalloped potatoes Tomato & cucumber salad Bread Fruit gelatin</i>	<i>3</i>
<i>4</i>	<i>5 CENTERS CLOSED FOR JULY 4TH</i>	<i>6 Meatballs & pasta w/ marinara sauce Tossed Salad w/carrots & tomatoes Italian Bread Pineapple</i>	<i>7 Roast beef on a roll w/mozzarella cheese Carrots Orange</i>	<i>8 Chicken Scaloppini w/wine sauce & mushrooms Brussel sprouts Wheat bread Applesauce</i>	<i>9 Turkey Chef Salad Creamy Cauliflower soup Tossed salad Dinner Roll Mixed fruit</i>	<i>10</i>
<i>11</i>	<i>12 Salmon w/Maple Dijon Sauce Garlic Buttered Orzo Peas Wheat bread Pineapple & cherries</i>	<i>13 Kielbasas w/ sauerkraut Whipped potatoes Green beans Whole wheat bread Gelatin</i>	<i>14 Fiesta Chicken Salad Tortilla Soup w/strips Mixed Greens Dinner Roll Fresh Fruit</i>	<i>15 Roasted Turkey w/gravy Mashed Potatoes Mixed Vegetables Wheat Bread Cookie</i>	<i>16 Pork Ribette w/ bbq sauce Summer Potato & Corn Chowder Cornbread Fresh Fruit</i>	<i>17</i>
<i>18</i>	<i>19 Breaded Fish Stewed Tomatoes Macaroni & Cheese White Bread Fresh Orange</i>	<i>20 Pepper Steak w/ beef gravy Rice Pilaf Green Red Peppers Oriental Blend Veg Pears</i>	<i>21 Chicken Club Sandwich w/cheese, bacon, lettuce tomato Vegetable Soup White Bread Tropical Fruit</i>	<i>22 Roast Pork Loin w/gravy Whipped potatoes Mixed Vegetables Stuffing Sliced apples</i>	<i>23 Pizza w/ pepperoni, green pep- per, onion and mush- rooms Tossed Salad Fresh Nectarine</i>	<i>24</i>
<i>25</i>	<i>26 Beef Burgundy w/ Gravy & bowtie noo- dles Coin Carrots Wheat bread</i>	<i>27 Hot Dog w/chili and cheddar cheese on a bun Baked potato Green beans Cinnamon Applesauce</i>	<i>28 Chicken Caesar Salad w/diced chicken & parmesan cheese Mixed greens tomatoes Pasta Florentine Soup Mixed Fruit</i>	<i>29 Pork Loin w/ orange glaze Rice Calif. Blend Veg Wheat Bread Pineapple Tidbits</i>	<i>30 Vegetable Lasagna Tossed Salad Italian Bread Peach Crisp</i>	<i>31</i>